



Need a little **help managing your workflow?**

Need some help with your **home computing safety and efficiency?**

Our 'In Sync' program is here.

FOR YOUR BUSINESS

- **Sync Your Devices**

Do you have desktops and laptops?
Do you use Outlook for email, contacts, calendar?
Do you have an iPhone or Blackberry smart phone?
An iPad?

Do they work together or do you have to spend your time inputing information in more than one place?

We can help setup the most efficient way to handle your everyday workflow.

- **Backup**

Ever considered what you would do if you started up your computer and all your files were gone? Be prepared in advance by backing up your work - on-site and offsite.

We can setup on-site and off-site automatic backup systems to protect your valuable information.

- **Outlook Setup & Training**

Are your contacts categorized? Is your Outlook sync'd to your Facebook account? to your Constant Contact account? Outlook is a powerful software, let us help you put it to work for your business.

FOR YOUR HOME

- **iTunes**

Tired of running up and down the stairs because you have different versions on iTunes on different computers? Let us help you time and effort by getting all your iTunes synced together.

- **Gaming Safety**

Are you or your kids avid online gamers? Do you really know what they are being exposed to? We can help protect you and your family.

PRICING

- **Health Check (\$195)**

We will assess your situation, make recommendations and setup necessary systems to protect you and your business. 2 hour session.

